

WHAT TO EXPECT

COLONOSCOPY

Once you have gone through the general pre-op, there are some things that are procedure specific.

1. The procedure room nurse and an anesthesia provider will come to your bedside and review your chart, medical history, medications and consents for the procedure.
2. They will ask you; what is your name, what are you having done.
3. They will take you to the procedure room on the stretcher, reattach the monitors, place oxygen tubing in your nose and place your information in the computers.
4. Once the team are all in the room, including the doctor, they will do a "Time Out". You will need to tell them your name and what you are having done.
5. You will need to roll to your left side if at all possible. The staff will place a towel and a water resistant barrier to keep your bed linen clean.
6. The anesthesia provider will start giving you medication through your IV.
7. The procedure normally last 20 minutes to 1 hour depending on whether the physician removes polyps, takes biopsies or has any difficulty passing the scope.
8. To be able to see inside your colon, the physician will inflate the colon with air. He/She will try and remove as much of the air as possible on the way out of the colon.
9. They will transport you to the recovery area, give report to the receiving nurse, and place you back on monitors.
10. You will be in recovery for approximately 30-45 minutes, depending on how well you are doing.
11. You need to "pass gas" or dispel the air the physician inserted into the colon.
12. The physician will stop by and talk with you, and/or your family regarding what was seen during the procedure and any biopsies or therapeutic treatment performed.
- 13. You will receive discharge instructions, an adult with you will need to sign the forms and accept responsibility for you, and drive you home. YOU MUST HAVE AN ADULT TO ACCEPT RESPONSIBILITY FOR YOU AND DRIVE YOU HOME.**
14. You may return to your normal diet. Medications can usually be restarted, however if you are on a blood thinner, the physician may as for you not to take it if he removed any polyps.